

Important Dates:

Friday 8 April

ANZAC Service

Last Day of Term 1

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TERM 2

Monday 25 April

ANZAC Day – Public Holiday

Tuesday 26 April

First Day of Term 2

Thursday 28 April

Uniform Shop Open

Tuesday 3 May

School Photos

Assembly – Room 8

P&C Meeting @ 7.00pm

Thursday 5 May

School Photos

Friday 6 May

Staff Development Day – **NO STUDENTS**

Principal's Message

MOTIVATE – EDUCATE – CELEBRATE



Thank you for taking the time to read our newsletter. Don't forget to also regularly check our website, and to follow the school on Facebook to keep up-to-date as we motivate, educate and celebrate.

TERM 1 REVIEW

As we enter the final week of the term, we take the opportunity to look back at all that has happened so far this year. I feel it is important to acknowledge all members of our school community, the students, staff and parents, for the positive manner in which we have supported each other throughout the term. We have been fortunate that the disruptions caused by COVID-19 have not been as impactful as in many other schools.

There have been many successes this term. Students completed their 2022 swimming lessons, receiving praise for their behaviour and participation from all involved. Our school hosted its first online assemblies, and these will continue in Term 2. Our Year 6 Student Leaders participated in their annual Leadership Day facilitated by our Chaplain, Mr Nathan Hoyle, and worked to build their leadership skills and strengthen the collaboration within their leadership teams.

In Week 8, our school of budding mathematicians participated in the **Mathletics World Maths Day** event. Congratulations to the Year 5s who finished 22nd in the world for the event. Congratulations also to Year 5 students Andrew L (4th-Aus, 30th-World) and Edward D (18th-Aus, 64th-World), and Year 3 students Henry D (35th-Aus) and Par O (45th-Aus).

It's been a great term of celebrating diversity at Ardross PS. We've had lots of families celebrating various 'New Years' - Chinese New Year, Lunar New Year, Nowruz, with Songkran and the Hindu New Year coming up in April. We have appreciated families sharing their celebrations with their classes and the school; it really shows how diverse and creative our school community is.

Our students also engaged in a week of learning for **Harmony Day**, culminating in our Harmony Dress Up Day through which we raised \$400.85 to support our World Vision child, Dina.

STAFFING CHANGES FOR TERM 2

I am pleased to announce that Mrs Denelle Ellery will be continuing in the role of Deputy Principal (Curriculum) next term, and we welcome Mrs Jackie Wilton who has joined our team in Room 15.

Term 2 will see two changes in staffing, as we farewell Mrs Claudia Renner, and Mrs Kelly Anderson.

Mrs Renner's contract with our school is finishing up, and she will be taking the opportunity to spend time with family and enjoy travel. Mrs Anderson has accepted a full-time position with Mount Magnet DHS. On behalf of the school and the school community, I would like to thank both Mrs Renner and Mrs Anderson for efforts with our students this year; and wish them all the best moving forward.

Joining our school in Term 2 will be Mrs Sarah Mawer, who will be taking on the teaching role in our Kindy classes, and Miss Mika Cull, who will be teaching in Room 20.

YOUR VOICE – ARDROSS PS PARENT & COMMUNITY SURVEY

Pillar 2 of our school Business Plan is **Positive Collaboration & Partnerships**, and a key aspect is seeking regular feedback from the school community. Later this week, all members of our school community will be sent a link and asked to participate in our school's **Your Voice** survey.

The feedback from this survey will be used as part of our ongoing self-review and will form a key component of our school's Public School Review in Term 3. Please take the time to support our school by participating in the **Your Voice** survey.

APRIL IS AUTISM AWARENESS MONTH

Starting with the United Nation's World Autism Awareness Day on Saturday, 2 April 2022 - April is Autism Awareness Month. Throughout the month, various community group and organisations aim to increase people's understanding and acceptance of autism. One common idea that people with autism are keen to promote is that "we process the world differently". Every person is an individual, and every person with autism is individual, with their own strengths, interests and challenges.

If you're interested in understanding autism better and hearing some inspiring stories from people with autism, have a look at www.autismawareness.com.au and check out some of the videos and articles. Their 'Understanding Video' is a great starting point. The website also features some child-friendly resources that can help families and children increase their understanding and acceptance.

LOOKING TO TERM 2

Staff and students return for Term 2 on Tuesday, 26 April. It is a busy start to the term, with School Photos happening in Week 2 and NAPLAN in Weeks 3 & 4.

There is a Staff Development Day on Friday, 6 May 2022 and the school will be closed to students. Please ensure this is marked in your diaries.

We are expecting some of the COVID-19 restrictions to be lifted in Term 2. Parents will be able to attend parent / teacher meetings and case conferences in person and attend special events. Unfortunately, under advice from the Chief Health Officer, parents will still not be able to enter classrooms. As the school is also unable to host whole school assemblies, we will be continuing to present these online.

I wish all the students, staff and school community members a safe and enjoyable Autumn holidays, and I look forward to seeing everyone back for Term 2.

Robert Marshall
Principal



[Ardross Primary School](#)

Cottesloe Beach Swimming

Below are some articles written by various Year 5 students who attending swimming lessons at Cottesloe Beach from 14 to 25 March 2022.

Last week the Year 5 students went to Cottesloe Beach. We went from 12:00 to 3:00pm. We go swimming every day but for 1 week instead of 2. Rm 17 goes swimming first every day and Rm 3 Rm 2 goes and eats lunch. When we finish lunch, we do some work on the beach environment. On Monday we drew the view that we can see. On Tuesday we drew the sundial and a description. On Wednesday we drew the pig face plant and wrote a description. On Thursday we can choose a plant between a spinifex, rosemary, and pig face. We could draft a poem; it is just anything except a story and it was my birthday :). Friday is the last day of swimming. We surfed, paddling and swum. We could do anything that we wanted to do but we could not swim out too far – **Catherine W.**

In Term 1, Week 8 2022 the Year 5's from Ardross Primary school went beach swimming. Year 5's would go on a bus at 12:00 or 12:15 and arrive at Cottesloe Beach. One class (Room 17) would go get ready to do their swimming lessons while the other classes (Rooms 2 and 3) would learn about Cottesloe plants and eat their lunch.

We learnt about native plants, wrote about them or drew a picture of the plant. On the first day, because the sculptures were set up, we looked at all the sculptures on the beach and some on the grass. We went to the sculpture called the "Sun Dial" and wrote sentences about the sun dial. The sun dial can tell the time if you didn't have any technology on you. You can see it has numbers written on the wings of it and wherever the shadow stopped, that was the time. The sun dial is pretty accurate, probably 1 or 2 minutes off. We wrote a poem about the native plant we chose and how it swayed, moved, eats, drinks and anything else about the plant. I love going swimming at the beach. It might cost a bit, but it is worth it.

When you are swimming, you go line up where the cone has your level number on it and wait patiently for your teacher to come. All the teachers are nice, and you get to do lots of fun strokes and learn new skills. You must wear a swimming cap, not the one that covers all your hair, it's so your teacher can keep track of all of you. The trees and breeze are soothing and calm and the waves aren't too big. This is very educational, safe and enjoyable experience for kids - **Layla O.**

Every day last week we left school at 12:15pm to go to Cottesloe Beach for swimming lessons. When we arrived the first thing we saw were the sculptures. Room 17 went swimming first while Rooms 2 and 3 walked along the beach and saw some amazing sculptures that would have taken a long time to make. When we went swimming the water was salty for the first day, but we got used to it for the rest of the week. The last day of swimming was very hot and we were relieved when we jumped in the water for our swim. While the other class were swimming, we drew

pictures and drafted poems about plants. One of the days we walked to have a look at the sun dial which could tell the time to the minute. It was easy to see the outline of Rottnest Island from where we ate lunch. Every day at the beach the waves were crashing on the shore, so it was hard to body surf. We are all excited to go beach swimming again next year - **Adam K and Leonard L.**



Honour Certificates



At the Assembly on 29 March the recipients were:

Room 20 Salvador A, Mahlia C, Allison S.	Room 8 Mason C, Suvin H, Diya S.
Room 19 Massimo C, Lleyton L, Sam W.	Room 7 Leo N, Myka T.
Room 17 Samuel D, Mia V, Anthony Z.	Room 6 Macy B, Sam M, Hayley W.
Room 16 Kevin H, Deanna M.	Room 5 Owen D, Joanne L, Caleb T.
Room 15 Jackson H, Emma J.	Room 4 Charlotte L, Georgia V.
Room 10 Gaveer S, Nathan W.	Room 3 Olivia H, Adam K, Jiwoo K.
Room 9 Rachel T, Margot Z.	Room 2 Rayan A, Talise B, Tiffany S.

Persian New Year [Nowruz]

Nowruz has been celebrated in Iran and the Persian diaspora for more than 3,000 years. Its roots are as a feast day in Zoroastrianism, a religion practiced in ancient Persia that viewed the arrival of spring as a victory over darkness. Thank you to the Hosseini family for providing some photos of their celebrations.



Chaplain's Corner

WINDING DOWN

Lots of students find it hard to 'unhook' from the day – they can't easily relax and unwind, which makes it hard to manage problems and ends up affecting sleep. And hey, once sleep gets ruffled, we ALL know how that goes.

In fact, it turns out lots of adults also find it hard to unhook from the pressure / stress / demands of the day and the week. Ironically, relaxing and 'winding down' is a discipline, something that doesn't just happen automatically. HealthDirect (healthdirect.gov.au) defines relaxation as "a state where you feel calm and can manage your stress or anxiety."

Relaxation shouldn't be confined to the annual summer holiday to Busselton – it should be a feeling that we experience frequently. It feels nice, and it plays an important part in preventing mental health problems as well as a myriad of other health concerns.

What routines do we model to the children around us? What do our behaviours and habits as adults teach them about the rhythms of rest and relaxation?

Here are a few things to think over:

- balancing recreation against relaxation – Although sport, music and other recreational activities play an important role in a child's development, they are not relaxation. Look at the weekly schedule and make sure that recreation and other engaging pursuits are balanced against rest and relaxation.
- creating work/life boundaries – The digital era, combined with the nuanced 'work from home' requirements since 2020, has blurred the line between work and home. Setting time and location boundaries for work (ie) Only until 5:30, and only in the computer room) shows children that we have control over our time and our choices. Verbally and visibly making time for relaxation and rest models healthy self-care.
- is rest a priority, or an afterthought? Making a Saturday or Sunday morning a non-negotiable 'slow morning' could be a good family rhythm. It also means every member of the household gets to try different ways of resting and relaxing.

And it's true – something is better than nothing. Even making a small change that you're able to stick to is a great start.

Enjoy the upcoming school holidays and enjoy winding down,

Nathan Hoyle
Chaplain

Ardross PS - Podcast

The music captains are launching a podcast centred on all things Ardross PS. The podcast is researched and created by the Music Captains and will try and be broadcast regularly.

The podcast will also be shared via Facebook pages and the newsletter whenever we record an episode. The link for Episode 1 is here:

<https://anchor.fm/ardross-primary/episodes/Episode-1-Term-1--Week-9-e1gh1da>



Episode 1 (Term 1, Week 9) by Ardross Primary Podcast

Term 1, Week 9 News: Harmony Day, World Math's Day, East colouring competition Interview : Mr Criddle
Performances by: Ardross Primary Choir Song of the Week: 'Never Gonna Give You Up (Rick Astley)'
anchor.fm

Bryn Criddle
Music Teacher

P&C News

On Tuesday, 15 March 2022, the Ardross PS Parents and Citizens Annual General Meeting was held, where we farewelled the 2021 Committee and appointed the 2022 Committee. A big thank you to a very competent outgoing Committee and thank you to everyone who attended the meeting. We are grateful for the ongoing support of parents and the wider community in administering a highly productive and very sociable P&C.

We welcome the 2022 P&C Committee:

Co - Presidents	Alice Brennan and Fiona Hood
Vice President	Cindy Webster
Treasurer	Melissa Fletcher
Secretaries	Gemma Jahn and Justine Penno

Sub Committees:

Class Parent Co Ordinator	Justine Penno
Fathering Project	Matt Snare
Uniform Shop	Alena Fernandes and Janet Chiam
School Board Parent Rep	Kelly Hallums
Sustainability Committee	Justine Penno

A big thank you to everyone who placed an order for the Hot Cross Bun drive - we made a total of \$644.00, which is superb. Every dollar raised goes straight back into the school as resources as planned and requested.

Next term the P&C have planned a Mothers' Day stall on Friday, 6 May for children to purchase a small gift. We will also plan an Election Day Cake Stall and BBQ. More to follow.

We are always looking for new faces to attend our meetings and if you have a particular panache for events we are seeking to start an Events Committee.

Remember school returns on Tuesday, 26 April 2022 for Term 2.

We wish you all a very 'Hoppy Easter' and a restful break at the beginning of the Djeran season. This season offers cooler weather with gentle rain to settle our dusty earth. Look out for flowering banksias. Safe travels to those travelling the country and perhaps even on a plane to somewhere exotic? See you next term.

The next P&C meeting is in the undercover area on Tuesday, 3 May at 7:00pm.

Warm Regards the 2022 P&C Team

Lynwood SHS - Specialist Programs 2023

Lynwood SHS offers two dynamic and innovative Specialist Programs; one in a sporting discipline and the second in an academic discipline. Application forms which include a Medical and Permission Form for the Soccer Program and the Environmental and Life Sciences Program must be completed and return to Lynwood SHS in order for your child to be considered for either of our Specialist Programs. Your child is welcome to submit an application for both programs. The applications are available from the front office. Please refer to the attachment to this newsletter which outlines the soccer trial and testing dates.



OSHClub News

Enrolling your child in OSHClub is easy and free. All you need to do is complete an enrolment form online at www.oshclub.com.au where you will have the option of booking as either a permanent or casual user. Once your child / children is enrolled you then have the comfort and reassurance of knowing that your child will be cared for in a safe, fun and friendly environment.

Val Maiorana
Program Coordinator

After School & Saturday Mandarin Club

Mandarin Stars provides immensely enjoyable Mandarin Language classes for children. After-school Mandarin Club is available in the Library on **Tuesday, Thursday and Friday** from **3.15pm to 4.15pm** and **4.15pm to 5.15pm (Kindy to Year 6)**. **Saturday morning classes** for children ages 1-12 years are held in the Senior Block. To enrol or to book for a free trial class, please contact perthsouth@mandarinstars.com.au or call 1800 18 1118 for more details.



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