



# Ardross Primary

An Independent Public School



## Principal's Message

MOTIVATE - EDUCATE - CELEBRATE



I hope you all had an enjoyable break with your children. I have just returned from an exhilarating holiday to New Zealand where I caught up with family, travelled thousands of kilometres and also visited a school in Napier.

I would like to personally thank Mr Marshall for his outstanding role as Principal in my absence. He was also supported by Mr Mirabella, Mrs Schaper and Mrs Ellery during this time. The strength of leadership throughout our school ensures transitions are seamless and the outcomes for students continue to excel.

This term will be very busy for the whole school community. Currently we have our Pre Primary to Year 2 students attending swimming as well as our senior sports program beginning this Friday. Year 6 students will attend their school camp. Our students will also be involved in our sustainability program and planting.

I encourage you to read Ardross Primary School's 2018 Annual Report. The Annual Report provides parents and the wider community with information about our school, the learning programs we provide and the performance of the student population. It also reviews our progress towards achieving our areas of focus and targets set in our Business Plan 2018-2020. The report provides us with the opportunity to celebrate our successes and achievements and includes information about the future actions to be taken in 2019 to improve student achievement and further enhance the school's effectiveness. This report should be read in conjunction with the Ardross Primary School Business Plan 2018-2020. It can be found on [Schools Online](#) and our webpage within the week.

I look forward to seeing you at our Parents and Citizens meeting on Monday, 13 May 2019.

**Sue Mikkelsen-Taylor**  
Principal



### WALK SAFELY TO SCHOOL DAY

National Walk Safely to School Day is on **Friday, 17 May 2019**. This year marks the 20th year and encourages all primary school children, their parents and carers to walk and commute regularly and safely to school. The events seeks to promote road safety, health, public transport and the environment.

We will be celebrating with a healthy breakfast before school from 8.15am for all those students who walk/ride to school on Friday, 17 May. Did you know that children must always hold an adult's hand when crossing the road until they are 10 years old? Dust off your walking shoes and start pounding the pavement for this fun event!

Thank you for your support and participation.

**Health Curriculum Leaders**

**Newsletter**  
**7 May 2019**  
**Issue 6**

**Tuesday 7 May**  
Swimming - Pre Primary to Year 2 continues

**Wednesday 8 May**  
Kindy - School Nurse  
Literacy Captains - Scribblers Festival

**Friday 10 May**  
Interschool Sport vs Applecross PS

**Monday 13 May**  
P&C Meeting - 7.15pm

**Tuesday 14 May**  
NAPLAN commences

**Thursday 16 May**  
Uniform Shop Open

**Friday 17 May**  
Walk to School Day

**Monday 20 May**  
NAPLAN continues  
Year 6 Camp commences

**Wednesday 22 May**  
Year 6 Camp concludes  
Kindy - School Nurse  
Board Meeting - 7.15pm

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## PHYS-ED NEWS

And we are back!!!

Another term full of carnivals and extra sporting opportunities. One of the most exciting opportunities the Ardross students are receiving this year, is the in-class and after school soccer coaching from Grasshopper Soccer. Next week (Week 3) Grasshopper Soccer will be 'taking over' physical education classes for Pre Primary through to Year 4 students. Starting on Monday in Week 4, they will offer soccer practice, training, and little games at the Ardross Oval! This will carry out for the entire term!

Many of our Year 5 and 6 students are beginning the Eagles cup fixtures this Friday. In Term 2, senior students get the opportunity to trial for a Netball, AFL, or Soccer team. We play fixtures throughout the term against other schools in our district. We welcome all community members to come and support our games and if you want to help out and umpire, please let us know! Here are the fixtures for these games.

Week/Opponent	Week 2 vs Applecross	Week 3	Week 4 vs Palmyra	Week 5	Week 6 vs East Fremantle	Week 7 vs Melville	Week 8 vs Winthrop	Week 9 vs Mt Pleasant
AFL	Gairloch Oval	N/A	Ardross	N/A	Ardross	Ardross	Ardross	Ardross
Soccer A	Ardross	N/A	Palmyra	N/A	East Fremantle	Melville	Winthrop	Mt Pleasant
Soccer B	Applecross	N/A	Palmyra	N/A	Ardross	Melville	Winthrop	Mt Pleasant
Netball A	Applecross	N/A	Ardross	N/A	Ardross	Melville	Ardross	Mt Pleasant
Netball B	Applecross	N/A	Ardross	N/A	East Fremantle	Melville	Winthrop	Ardross
Netball C	Applecross	N/A	Palmyra	N/A	East Fremantle	Ardross	Winthrop	Ardross
Netball D	Ardross	N/A	N/A	N/A	N/A	Ardross	N/A	N/A

Finally, we have our upcoming Cross Country Carnival. This will take place on Tuesday, 18 June, which is Tuesday of Week 8! The students have already begun their trainings during Physical Education time and as morning warm-ups on Monday and Tuesday. Many students currently arrive to school before 8:30am. Because we have a cross country focus this term, Miss Brown will be supervising student walking, running, or jogging around the oval between 8:00am and 8:30am Wednesday to Friday. Parents are more than welcome to join and students will be asked to leave their backpacks at the classroom and join the school on the oval.

Looking forward to another fantastic term!!

**Hannah Brown**  
**PhysEd Specialist Teacher**

### CHAPLAIN'S CORNER RESTORATIVE PRACTICE

Last term, we talked about the different styles of apology, using the 'Five Languages of Apology'. Grab the newsletters from the Ardross PS website if you didn't get a chance to read, because now we're charging ahead into the realm of '**restorative practice**'.

This week, we'll look at the theory behind restorative practice, and next newsletter, we'll look at some key questions and practice guidelines for using it at home.

Restorative practice is a framework for resolving a wrongdoing where there is a clear victim and a clear perpetrator. This means it's different to mediation, which seeks to create compromise or agreement on an issue of difference. Restorative practice is used when someone has been wronged and rather than just punishing the perpetrator, both parties are invited to explore the situation and look at how it has affected them.

'Punitive practice', which is an alternative to restorative practice, involves punishing the wrongdoer, but doesn't give the victim space to speak their part, and doesn't necessarily involve the perpetrator acknowledging their wrongdoing. In fact, the punishment can override feelings of remorse and any motivation to fix the situation, so we may end up further away from helping the wrongdoer change their behaviour.

The goals of restorative practice are:

- ◆ Allow the victim to express how the event/situation has affected them – what they have lost, how they felt at the time and how they have felt since.
- ◆ Allow the perpetrator to equally explore the event from their point of view – what they were thinking at the time, what they have thought of since, how it has affected them. You'd be surprised at how much harming someone affects the wrongdoer, particularly when it comes to children.
- ◆ Allow the perpetrator to take responsibility for their action – they may suggest a way of restoring the relationship and fixing the loss or the problem. I've had children express such genuine remorse for their actions once they had heard how the victim was affected, and then create really heartfelt solutions to help that person get back on their feet. Win win.
- ◆ If used as an intervention for bullying, the goal is to reintegrate the victim back into their social context with new insight and support from those around them, without ostracizing the wrongdoer.

(Note: 'victim and perpetrator' are pretty hefty terms, so I tend to use more child friendly language: 'wrongdoer' and 'person who was hurt' are close enough.)

One of the strengths of restorative practice is that when used well, the wrongdoer experiences the 'human cost' of the situation by hearing how their actions have affected the victim. They gain insight into that person's life around the event, which helps them empathise. Overt use of guilt and shame (which are usually evoked naturally during this process) can inhibit empathy; restorative practice leans on the assumption that once the perpetrator hears the victim's story, they'll naturally empathise and work towards restoring what they have damaged.

Is it always a fit? No. If a victim doesn't wish to enter into this conversation, then there are other options. Likewise, if a perpetrator doesn't acknowledge they have wronged someone and wish to rectify the situation, then restorative practice isn't safe and by no means appropriate.

But – when used at the right time, with the right people, it can help turn a wrongdoing into a growth point for everyone involved.

Next newsletter, we'll cover key questions and look at an example that shows the potential of this model in the home.

**Nathan Hoyle**  
Chaplain

## P&C NEWS

### CAN YOU BE OUR P&C TREASURER?

Our P&C needs your help. If you have a passion and talent for categorising expenses and formatting reports, you have the skills we need! The P&C have big plans to raise money and fund important projects for our school and we need someone to make sure we're crunching the numbers correctly.

The Treasurer is a shared role on our P&C, so you won't be doing it alone, but we definitely can't do it without you. Please contact Charlotte on 0404 674 546 if you would like to discuss this further or express your interest in this role.

### P&C CALENDAR DATES (more info below):

Friday, 10 May	Mothers' Day Stall
Monday, 13 May	P&C General Meeting
Friday, 17 May	The Fathering Project - Dads' Sundowner
Saturday, 18 May	Voting Day BBQ & Cake Stall

### "MUM, GET DAD/GRANDPARENTS OR A FRIEND TO READ THIS NEXT BIT..." MOTHERS' DAY STALL

On Friday, 10 May the P&C will be holding a Mother's Day Stall with lots of goodies for the children to purchase to spoil the special lady in their life. All items will be priced between \$1 and \$10 and to make sure everyone gets an opportunity to purchase something for their Mum, we have limited the first round of buying to just one gift each. Once all classes have visited, if there are still items left, children will be able to purchase more at lunchtime if they want to.

Your child's classroom teacher will have selected an allotted time for the whole class to visit the stall, so no one will miss out.

### DEMOCRACY SAUSAGE SIZZLE FOR FEDERAL ELECTION - SATURDAY 18 MAY

BACON & EGG ROLLS | SOUP | SAUSAGE SIZZLE | CAKES | DRINKS

Ardross Primary School will be a polling station on Saturday, 18 May and the P&C will be running the BBQ and a cake stall on the day. Make our school your voting location and come on down to grab a bite to eat and support the P&C in the process.

Please contact Alice Brennan on [alicebrennan.rwk@gmail.com](mailto:alicebrennan.rwk@gmail.com) or 0416 071 362 if you are able to volunteer some time between 7.00am and 3.00pm to help out and she will add you to the roster.

### FUNDRAISING TRIVIA NIGHT

Our annual P&C Fundraising Trivia Night is back on Friday, 21 June for another year and we are determined that this will be the best one yet, with the most money raised. Remember, all of the money raised goes back to our wonderful school and in 2019 we have some very exciting and challenging goals in our sights.

Money raised for our school goes towards our 4 year plan to weatherproof the undercover area by 2021 and also the phased improvement of our internet connectivity and tech capability across the school.

So ... spread the word, dig deep and encourage friends and family to get involved. The prizes are already flowing in and are featured daily on the 'Ardross Primary School P&C' Facebook Page, so you can set your sights on something you need, something you want and something you absolutely can't do without! For those of you unable to access social media, all our prizes will still be featured on posters around the school and emails from your Class Parent Reps in the coming weeks, so keep an eye out.

Tickets are \$25 per person and you can book them now at <https://www.trybooking.com/BCLFI>

**Charlotte Oliver**  
P&C President



**UNIFORM SHOP 2019**  
16 May 2019 8.30am - 9.15am  
30 May 2019 8.30am - 9.15am

#### OSHCLUB NEWS

Enrolling your child in OSHClub is easy and free. All you need to do is complete an enrolment form online at [www.oshclub.com.au](http://www.oshclub.com.au) where you will have the option of booking as either a permanent or casual user. Once your child is enrolled you then have the comfort and reassurance of knowing that your child/children will be cared for in a safe, fun and friendly environment.

**Val Maiorana**  
Program Coordinator



Keyed Up Music will be running keyboard lessons this year at Ardross Primary School. Prices start at \$17.55 per lesson. To enrol go to [www.keyedupmusic.com.au/enrolment-form](http://www.keyedupmusic.com.au/enrolment-form) or for more information please contact Therese 1300 366 243.



**Grasshopper Soccer is running programs for Ardross Primary School in Term 2!!**  
**Grasshopper Soccer is Australia's most participated non-competitive soccer program for children aged 2 to 12**

**Classes start Monday, 6 May 2019**

**To enroll or for more information go to:**  
**[www.grasshoppersoccer.com.au/ardross](http://www.grasshoppersoccer.com.au/ardross)**  
**0451172877**  
**[perth@grasshoppersoccer.com.au](mailto:perth@grasshoppersoccer.com.au)**



Motivate Educate Celebrate