Internationally-recognized friendship program that empowers tweens with the skills, language, and self-confidence to be better friends and develop healthier relationships.

In these workshops, students will learn the 4 Friendship Facts, qualities of a great friend, and how to use the Friend-o-meter to assess healthy versus unhealthy friendships. We will also discuss the importance of standing up for yourself, how to put out those common Friendship Fires™, and how to deal with mean-on-purpose behavior like ninja.

**TUESDAY 17 FEBRUARY**

10.00 am – 12.00 pm  
Heart of Friendship  
For **girls** in Years 3 & 4 (bring a fuzzy friend)

12.30 pm - 2.30 pm  
Friendship Fires  
For **girls** in Year 5 & 6

**FRIDAY 20 FEBRUARY**

10.00 am – 12.00 pm  
Real Deal in Friendship  
For **boys** in Years 3 & 4 (bring an action hero)

12.30 pm - 2.30 pm  
Friendship Firestorms  
For **boys** in Year 5 & 6

**Location:**  
Judith Cottier Theatre, Perth College  
31 Lawley Crescent, Mount Lawley

**Register Today!**  
Tickets to the workshop are $35 per person and includes: expert instruction, handouts, pencils and stickers, and an opportunity to ask Dana questions one-on-one following the workshops.

To register, go to: [www.trybooking.com/CNYZ](http://www.trybooking.com/CNYZ)

To learn more please visit [www.urstrong.com](http://www.urstrong.com) or email Inside.Out@pc.wa.edu.au

Dana Kerford  
Founder of GirlPower + GoodGuys

**Empower kids!**