For parents of 2 - 12 yo

1-2-3 Magic™ and Emotion Coaching
To help parents manage difficult behaviour in children 2 to 12 yrs

A humorous look at parenting, a serious look at discipline!
To help manage difficult behaviour in children, calmly and effectively. Learn how to use empathy so kids begin to identify their emotions and become better at managing them. This enables them to take more responsibility for their own behaviour.

You will learn:
- The two approaches to parenting.
- How to discipline without arguing, yelling or smacking
- How to handle the 6 kinds of testing and manipulation.
- How to teach and encourage good behaviour.
- How to manage obnoxious behaviour.
- How to show empathy while developing emotional intelligence in your child.
- How to strengthen the relationship with your child.

What people are saying...
- An end to the yelling and arguing!
- It saved our lives
- Simple, sane, effective
- What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember at those times when memory is the first thing to go

Behaviour Tonics Rooms, Level 1, 252 Cambridge St, Wembley
Presented over 3 sessions. Cost $180 per person or $340 per couple. 7 to 9.30pm
- Mon 1st, Wed 3rd & Wed 10th Dec (2 to 5 yrs)
- Mon 8th, Thurs 11th & Mon 15th Dec (2 to 12 yrs)
- Tue 20th, Thurs 22nd & Tue 27th Jan (2 to 12 yrs)
- Tue 10th, 17th & 24th Feb (2 to 5 yrs)
- Thur 19th & 26th Feb & 5th March (2 to 12 yrs)
Check the website for more dates.
(These courses are exactly the same, it is just that the course for parents of 2 to 5 yr olds have more parents with kids in this age range, hence more discussion around this age group)

For more information about this workshop call (08) 9382 1182 or (Register Online) at www.behaviourtonics.com.au