



Ardross Primary

An Independent Public School



Newsletter

A Message from the Principal

As you can imagine, the start of the year is a very busy time (in fact, schools seem to be busy all year round nowadays) and staff have been planning, assessing, getting to know your children, establishing routines etc in the set-up for a productive year of teaching. You should have either met, or have received a note, with regard to parent meetings. These meetings are a chance for you to get to meet the teacher, understand how the class will operate and ask general questions about your child's upcoming school year. If however, you need to speak with your child's teacher one-to-one about their needs, then you should organise an individual meeting with your child's teacher. Teachers are available during their DOTT (Duties Other Than Teaching) time or after school most days. You would need to check your child's teacher's availability. Please refrain from catching your teacher before school or as the siren goes, as teachers are really gearing up for the day and welcoming the children at that time.

Wednesdays are a busy day after school for the teaching staff as most weeks we have collaborative meetings in phases of learning, professional learning or staff meetings planned. These meetings start at 3.20pm so please be prompt to pick up your child/children from their class. Last week's professional learning focussed on Guided and Reciprocal Reading. Guided Reading is a procedure that enables teachers to support small groups of students who use similar reading strategies and who are able to read texts at a similar level. The teacher guides or directs the readers to sections of the text using a pattern of question, predict, read and discuss.

The benefits to students are: Guided reading helps students to:

- Practise and monitor their use of strategies in a supportive setting,
- Develop confidence in their use of strategies,
- Refine their understandings about the text as they read,
- Explore the questions, feelings and ideas about the text,
- Compare their interpretations of the text with other students.

This year Friday, 13 February was WA Schools Census Day. That's the day where all children attending a government school in Western Australia are counted and schools funded according to their enrolments. It is vital that information on enrolment forms is accurate. **On the day of census, Ardross Primary School had 390 students enrolled.** Specific breakdown of year levels are:

Kindergarten	-	39
Pre-Primary	-	48
Year 1	-	51
Year 2	-	46
Year 3	-	68
Year 4	-	45
Year 5	-	44
Year 6	-	49

The school will be introducing a Reading Support program in Year 3 and 5 for Term 1. This will be taught by Mrs Maley (Year 3s) on Monday and Tuesday and Mrs Lawson (Year 5s) on Thursday. The major focus of these smaller groups will be on inferential comprehension (or reading between the lines), an area identified by staff as needing more development. This will also assist students in composite classes to work in smaller year level groups.

Twenty lucky Ardross students enjoyed a day at the WACA playing at the lunch time break during the Sheffield Shield match between WA and SA. What a great experience for the children. Thank you to Ms Davies for organising the event, Mr Hoyle, who helped to supervise and thank you to the parents that turned up to support their children. I believe there was a large crowd of Ardross PS supporters. Thanks also to the Ewington family for sending in some pictures for our newsletter.



Karen Duncan
Principal

'Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.'

Thomas A. Edison

Newsletter 18 February 2015 Issue 2

Wed 18 February
Constitutional Centre
Incursion - Rooms 5 & 9

Thursday 19 February
Young Writers - Room 19
VT Hearing -
Rooms 11/12 & 4
Room 6 Parent Meeting -
4.30pm
Rooms 10 & 13 Parent
Meeting - 5.00pm

Monday 23 February
Swimming - Years 3 & 4
Astrofest
Year 5 - AXSHS Pool

Tuesday 24 February
Year 6 visit from AXSHS
Assembly - Room 3

Wed 25 February
Whole School Photo
School Board - 7.15pm

Thursday 26 February
Room 4 to DWP for KAB
Clean Up Photos

Friday 27 February
Clean Up Australia Day

Monday 2 March
Labour Day Holiday

Tuesday 3 March
Swimming - Years 3 & 4

Wednesday 4 March
Scitech - Room 19

Friday 6 March
National Young Leaders
Day

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BACK TO SCHOOL - WHAT TO MAKE FOR LUNCH TODAY?

Are you constantly asking yourself this question as you busily get ready for the day ahead? Children need a healthy school lunch to boost their energy and help them concentrate and learn in the afternoon, so we asked our Health Promotion Team here at CACH for their top tips.

Lunchbox tips:

- Use a variety of breads to make sandwiches more fun.
- Use biscuit cutters to cut sandwiches and fruit into different shapes.
- Pack your own snacks in a snap lock bag or brown paper bag decorated with stickers. A cheaper and healthier alternative to pre-packaged snacks.
- Use a frozen ice brick or drink and an insulated lunchbox to keep the food cold.
- Include a non-food surprise e.g. a joke, sticker or note.
- Encourage your children to be involved in the preparation of their lunch. When children are involved in food preparation they are more likely to experiment with different types of foods.
- Think outside the box; try frittata, boiled egg, popcorn and rice paper rolls to keep lunches interesting!

According to the Australian Dietary Guidelines children aged 4 to 8 years should aim daily for 1½ serves of fruit; 4½ serves of vegies; 1½-2 serves of dairy; 4 serves of bread, cereals and grains; and 1½ serves of meat. For more information on what is considered a 'serve' and for other healthy lunch ideas visit [HealthyWA](#) or the [Raising Children Network](#).

A note from the Community Health Nurse
(Primary School)



WHOLE SCHOOL PHOTO - 25 FEBRUARY 2015

The whole school photo to be displayed in the front office will be taken on Wednesday, 25 February. It is important that all students from Kindy to Year 7 come in the appropriate school uniform. Students will not be permitted to wear their faction shirt as it is **not** a sport day. Your cooperation with appropriate uniform is most appreciated.

If you are interested in purchasing a whole school photo please return the completed envelope (which will be sent home this week) on 25 February and give it to the teacher. Please do not hand in your envelopes to the front office.

Class, individual and family photos will be taken on Thursday, 12 March. Envelopes for this photo day will be sent home in the next couple of weeks.

P&C NEWS

Another amazing school year has started. It's a great time for parents to consider if they can give a few hours to support their kids and our fantastic school community by helping out on the P&C. Most of these roles aren't overwhelming, yet they offer the opportunity to really make a difference, have fun and also meet other parents. We would like to ask you to consider attending our P&C Annual General meeting, which we will be held on Monday, 9 March 2015 at 7.30pm in the Staff Room. We would love to see you all there!

The P&C is busily planning the first event for the year, which is a Quiz Night. Without a doubt, this will be a fun, social night, which will be held on Friday, 15 May 2015 from 7.00pm.

Cornelia Major
P&C Vice President

UNIFORM SHOP NEWS

The Uniform Shop will be open every Thursday in February and then every second Thursday thereafter.



UNIFORM SHOP

19 February 2015	9.00-9.30am
26 February 2015	9.00-9.30am
12 March 2015	9.00-9.30am

**** SAVE THE DATE ****

P&C TRIVIA NIGHT

Tompkins on Swan

Friday 15 May, 2015 – from 7pm

Book a Table of 10 or Join Your Class Table -
Tickets from your class parent contact will be
available from Week 7 – Monday 16 March
All Parents, Teachers & anyone interested in a
great fun social night



CANTEEN ROSTER

Thu 19 Feb	Dessy Nugrahanto 9-1.00pm
	HELP NEEDED 9-1.00pm
	Gloria 9-11.15am
Fri 20 Feb	Nita Dewi 9-1.00pm
	Vita 9-1.00pm
Mon 23 Feb	Alison Miller 9-1.00pm
	HELP NEEDED 9-1.00pm
Thu 26 Feb	Angela Tooker 9-1.00pm
	Dessy Nugrahanto 9-1.00pm
Fri 27 Feb	Nita Dewi 9-1.00pm
	Rebekah Hannaford 9-1.00pm
Mon 2 Mar	PUBLIC HOLIDAY
Thu 5 Mar	Jin Kar Ong 9-1.00pm
	Ai Mei Yap 9-1.00pm



WATERWISE TIP - BRUSHING YOUR TEETH

There is no need to leave the tap running while you brush. It uses up to 20 litres of water a minute. Simply wet toothbrush before you begin and use a glass of water to rinse your mouth. Running water while brushing your teeth for two minutes each day uses approximately 14,000 litres a year. Using a cup (250ml) of water while brushing your teeth uses approximately 180 litres a year. This means you save 14,000 litres a year.



The Roofless Shala offers yoga for children and adults in our community. Yoga for children helps maintain flexibility and strengthens growing bodies. We offer classes in a non-competitive environment and cultivate peaceful and relaxed bodies and minds. If you think this is for your child come along to a class or enrol for the term.

Where: St Stephens Church Hall
2 MacKenzie Road, Applecross
When: 5.00 – 5.45pm Wednesday afternoons
Cost: \$12

For more information email Donna donna@therooflessshala.com call 0407100233 or check out my flyers at lululemon athletica Applecross. Namaste.



CALLING ALL JUNIOR FOOTBALL PLAYERS!

If you're interested in playing football for a great local family club in 2015, come down and visit us at the Applecross Junior Football Club's:

2015 HAWKS Family Fun Day
Sunday 22 February 3 - 5pm at Gairloch Oval
Kids entertainment and sausage sizzle, bar available

All levels of skill, and new / returning players welcome. Registrations are currently open. Auskick (5-8 years). Junior Teams (9-17 years).

In 2014 we fielded 3 grand finalists, and won the Year 7 Premiership. With AFL legend Glen Jakovich as the Head of Coaching, we are also proud to announce a WA state coach has been added to our coaching group for 2015. Please visit www.ajfclub.com for further details or contact auskickregistrar@ajfclub.com.

FLOURISH

This is a support group for people who have a physical disability, disorder or chronic illness, or who have family members affected or who work in the area of disability. The group will meet to form small supportive communities and be a place of encouragement, support and education.

Meetings will be monthly on the second Saturday of each month commencing Saturday, 14 February from 9.30-11.00am at Mount Pleasant Baptist Church, 497 Marmion Street, Booragoon. Telephone 9329 1777 for any enquiries.



TOYS NEEDED

Kindy and Pre-Primary students spend a portion of their school time on play-based learning. This means that there is a fair bit of wear and tear, and toys need to be regularly replaced. Therefore, if your children have outgrown any toys which are still in good condition, you could consider donating them to the school. In particular, we are looking for:

- any Lego and Duplo
- dress up clothes (especially pirates, princes and princesses, construction workers, doctors, police officers)
- sand toys (including shovels, buckets, sieves etc)
- K'nex, Mobilo or similar construction toys
- puzzles for 3 to 6 year olds.

You can donate any of these items for the school's early childhood program. Please drop them off throughout the year in Miss Brown's classroom (Room 16). Helen Brown will distribute the donations among all Early Childhood teachers.

Cornelia Major
P&C Vice President

LEARN TO PLAY SOCCER

Melville City Football club encourages young people of all abilities to join. Our club has a strong emphasis on participation and enjoyment, teaching kids the joys of team work and physical activities.

We are known for our friendly atmosphere, and also for our strong support of female players. So if your daughter or your son wants to learn or play the most popular and most loved world sport, head to <http://www.melvillecityfc.com.au/registration.html> and enrol them now to ensure a spot for the 2015 season.



Treehouse is offering a Once Off Fundraising Special **FREE VENUE HIRE**

(Conditions apply)

Value \$600

Hold your next event or disco night with entire ticket and merchandise sales going towards your school or sporting club

The Treehouse is yours for 2hrs with no decorating or entertainment to organize

We can help with Hired equipment if needed

Endless Ideas

- Disco Night
- Bingo Night
- Movie Night
- Quiz Night

Full cafe facilities open if required.

JUST WALK IN AND WALK OUT

Ardross Primary School would like to thank all of the sponsors listed here for their support of the school. We encourage all parents to use their services where feasible.

Paul Evensen
Associate Director
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5% of your total spend will be donated to Ardross PS.



Garden City—Booragoon

For ANZ Booragoon a percentage of a home loan or home sale respectively will be paid to Ardross Primary, please contact the principal for details. Aussie Farmers Direct donate 2% of your total spend back to the school.